

Optional #KnoxRocks Course Schedule

Class #	Topic	Assignments / For Next Class
Week 1	Welcome / Course Introduction <i>Introduction to Knoxville Community</i> Optional Activities: <ul style="list-style-type: none"> • Watch a brief video about Knoxville • Ask students what they know about the city that is home to UTK and share some “fun facts” 	*Check out Visit Knoxville’s YouTube/Vimeo for video options.
Week 2	Campus Involvement - Campus Resources <i>Knoxville Resources</i> Optional Activities: <ul style="list-style-type: none"> • Discuss recreational, food, music, volunteer opportunities in the city • Develop a “Knoxville” bingo card or “bucket list” 	*Recreation – the Urban Wilderness/Outdoor Knox *Food – Visit Knoxville *Music – Blue Plate Special *Volunteering – Volunteer Knox
Week 3	Time Management Activity	
Week 4	Learning Strategies - Study Skills, Test Taking	
Week 5	Knoxville History & Arts & Culture Optional Activities: <ul style="list-style-type: none"> • Develop a “timeline” of historical events and have the students work in groups to put them in chronological order • Create a list of different cultural events (festivals, celebrations, etc) and have students work in group to match them per season (winter, summer, fall, spring). 	*Check out the Arts & Culture Alliance website, the City of Knoxville’s website, and East TN History Center
Week 6	The STEP Model of Career Decision Making	
Week 7	Academic Integrity & Advising	
Week 8	Communication	
Week 9	Diversity *You can certainly include Knoxville in this conversation surrounding diversity by discussing locals resources/organizations dedicated to making Knoxville welcome to all. Also, this could be a great opportunity to discuss historical leaders in the Knoxville community who have helped to advance the area forward and foster diversity-based dialogue.	*Check out the Beck Cultural Center, the Knoxville Area Urban League, the Knoxville Change Center *Historical Events/Figures to research: The Clinton Twelve, the Buffalo Soldiers, & Condredge Holloway
Week 10	Exploration – Goal Setting	
Week 11	Knoxville Political & Economic Community Optional Activities: <ul style="list-style-type: none"> • Take a short walking tour downtown, showcase the courthouse, and discuss absentee voting or registering to vote in Knox Co. • Share information about local political leadership positions (local school board, county commission, etc) 	*Walking tour guides can be found for free at Visit Knoxville. *City government/education websites showcase all of the local leadership
Week 12	Health and Wellness – Stress Management	
Weeks 13+	Day of Service Optional (closely located) Service Sites: <ul style="list-style-type: none"> • Knox Area Rescue Ministries (KARM) • Children’s Center for Knoxville • IJAMS Nature Center • Ladies of Charity Knoxville Education & Healthcare <ul style="list-style-type: none"> • Share stats about K-12 education in different areas of the Knoxville community or the State. • Discuss the different higher education institutions located in Knoxville (Pellissippi, South College, Knoxville College, Johnson Bible University, etc.) 	*Knoxville report cards can be found on the Knoxville Board of Education’s website *The Center for Leadership & Service can plan a service experience for your class OR you can utilize Volunteer Knox to see if there are standing service opportunities in the community.