

FYS Lesson Plan- VARK Learning Styles

Submitted by Erin Bennett- Fall 2016

Meeting Agenda for Class		Learning Styles- VARK Assessment
Class Title:		
Purpose:		Allow students to reflect on how they learn best and develop strategies to use their preferred learning styles to be successful in college.
Objectives/Learning Outcomes:		<ul style="list-style-type: none"> • Identify preferred learning style. • Develop strategies to utilize learning strategies to study. • Orient students to resources on campus that will support them with their academic goals.
Peer Mentor Utilization:		Contribute of facilitate discussion on study strategies. Highlight resources on campus for academic support to group.
Appreciative Instruction Phase/Class Method:		
Campus Experts/Offices to bring in:		Student Success Center - Frieson Black Cultural Center - Library
Icebreaker suggestions:		
Prep Work/Materials/Technology/Room Layout needed:		<ul style="list-style-type: none"> • VARK Learning Style Assessment- best if student's take it prior to class time. • Learning Style PowerPoint • Games: Taboo or Catch Phrase, Charades, Pictionary, & Scattegories
Best time of the semester:		Beginning, mid-semester or near exam time.
Assignment/Reading suggestions:		
Time	Allotted	Agenda
Out of class		<p>Topic: Take Learning Style Assessment</p> <p>Objective: Identify learning style based off of VARK Assessment</p> <p>Activity: Students take the VARK Learning Style Assessment before class. Tell them to bring in their learning style results.</p>
10 min		<p>Topic: Review Campus Support Services</p> <p>Objectives: Orient students to resources on campus for tutoring and academic support.</p> <p>Activity: Follow resources on PowerPoint and/or gather other resources and utilize Peer Mentor to share support services.</p>
5 min		<p>Topic: Share Learning Styles</p> <p>Objectives: Learn peers/classmate's learning style preferences.</p>

		Activity: Every FYS student shares their learning style based off the assessment results.
30 min		<p>Topic: Learning Style Activities and Discussion</p> <p>Objective: To develop strategies to utilize learning styles into the student's daily life.</p> <p>Activity: Introduce each learning style. Select one student with this learning style to lead the game associated with the style. (Eg: Someone with a Visual Learning preference leads a round of Pictionary. Recommend you limit each turn to one student and one round for purposes of time.) Discuss afterwards ways to apply this learning style in college. Use bullets on PowerPoint for ideas.</p>
Announcements/For Next Time:		<p>Upcoming events:</p> <p>Reminders:</p> <p>Assignment Due:</p>

Appendix 1: VARK Learning Style Handouts (give these during the class prior. Tell students to complete and bring results to next class.

Appendix 2: Learning Style Assessment PowerPoint

VARK Learning Styles Questionnaire

Go to the following website and take the VARK Learning Styles Questionnaire
(takes approximately 10 minutes):

<http://www.vark-learn.com/english/page.asp?p=questionnaire>

What Learning Style fits you best? Write your numbered results next to the appropriate mode of learning.

- Visual ____
- Aural ____
- Read/Write ____
- Kinesthetic ____
- Multimodal

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